



# The Institution of Engineers, Malaysia

Bangunan Ingenieur, Lots 60/62, Jalan 52/4, Peti Surat 223, 46720 Petaling Jaya, Selangor Darul Ehsan  
Tel: 03-79684001/2 Fax: 03-79577678 E-mail: sec@iem.org.my Website: <http://www.myiem.org.my>

## TALK ON

### Diabetes Mellitus: Sugar the Sweetest Poison

Organised by Sub-Committee on Health & Exercise  
(Standing Committee on Welfare and Service Matters)

Date : 21<sup>st</sup> August 2014, Thursday

Time : 5.30 pm – 7.30 pm (Refreshment will be served at 5.00 pm)

Venue : Auditorium Tan Sri Prof. Chin. Fung Kee, 3<sup>rd</sup> Floor, Wisma IEM, Petaling Jaya

Speaker: Dr. Shazana Rifham Abdullah, Institute for Medical Research

#### SYNOPSIS

Diabetes mellitus (DM) also known as simply diabetes, is a group of metabolic diseases in which there are high blood sugar levels over a prolonged period.

Globally, as of 2013, an estimated 382 million people have diabetes worldwide, with type 2 diabetes making up about 90% of the cases. This is equal to 8.3% of the adults' population, with equal rates in both women and men. Worldwide in 2012 and 2013 diabetes resulted in 1.5 to 5.1 million deaths per year, making it the 8th leading cause of death. Diabetes overall at least doubles the risk of death. The number of people with diabetes is expected to rise to 592 million by 2035

Hence, there is no reason for us to ignore this issue since we are maybe at risk to get Diabetes Mellitus and the complications.

#### BIODATA OF SPEAKER

**Dr. Shazana Rifham Abdullah (MD USM)**

**Medical Officer**

**Occupational Health & Safety Unit, Institute For Medical Research**

#### Working Experience:

- Hospital Tengku Ampuan Afzan, Kuantan- 2 ½ years
- Hospital Sultanah Hajjah Kalsom, Cameron Highland – 2 ½ years
- Institute for Medical Research – April 2013 till now

Will further study in Master in Public Health in UM starting September 2014)

**Ir. Dr. Aminuddin Bin Mohd Baki**

**Chairman of Sub-Committee on Health & Exercise,**

**Standing Committee on Welfare and Service Matters, IEM**

#### ANNOUNCEMENT TO NOTE

- Talk is for IEM members only (pre-registration and online registration are NOT required) (telephone and/or fax reservation will NOT be entertained)
- Non-members** may also attend the talk and will be charged a **registration fee of RM50** and an **administrative fee of RM10**.
- For affiliate members, there will be no registration fee. However, they are requested to produce their membership card as proof of membership. For the list of affiliates, please refer [www.myiem.org.my/content/memorandum\\_of\\_understanding-469.aspx](http://www.myiem.org.my/content/memorandum_of_understanding-469.aspx).
- Limited seats available on a "first come first served" basis (maximum 110 participants).
- IEM members are required to produce your membership cards for confirmation of attendance.
- Latecomers will not be allowed to enter if the lecture hall is full.

**IEM members who fail to produce their membership cards will be charged a fee of RM20.00**

#### FUNDS FOR IEM NEW BUILDING (WISMA IEM)

Kindly be informed that participants will be charged **RM10.00** administrative fee for talks organized by IEM. The fee will be used for overhead costs, building maintenance expenses as well as to support the purchase of Wisma IEM. However, students are exempted. Your understanding is much appreciated.

#### Participant Details

Name :

Membership No.: